

FOCUS ON WELLNESS

What to expect at a preventive exam.

Routine visits are scheduled to promote wellness and disease prevention. A preventive visit typically involves a physical exam of an asymptomatic patient with no significant complaint to be evaluated. The exam may also include additional services such as vaccinations, screening laboratories, ordering of screening tests and risk factor reduction counseling,

What to bring to a preventive exam.

There are many different insurance plans with various benefits so it is advisable to bring the summary of preventive benefits provided by the insurance carrier to the appointment.

**Not all insurance plans offer coverage for preventive services.*

What to expect if treatment is needed.

If an abnormality is encountered or a pre-existing problem is addressed in the process of performing a preventive medicine exam and it requires a significant work-up including, the ordering of diagnostic tests, medication and/or further follow up care, then the physician may bill for an office visit (subject to applicable copay, coinsurance, and/or deductible) in addition to the annual wellness exam.

Before scheduling an appointment for well care, please contact your carrier regarding coverage and benefits. Unfortunately, there are many carriers that do not cover well visits or immunizations.